



**SUPPLEMENT
KING**
FUEL YOUR GOALS

PROUDLY PRESENTED BY



ATLANTIC CLASSIC *Championships*

MEN'S BODYBUILDING • CLASSIC PHYSIQUE • MEN'S PHYSIQUE • WOMEN'S PHYSIQUE • FIGURE • WELLNESS • BIKINI • FIT MODEL

PREJUDGING 9AM FINALS 4PM

SAT 30.05.26

FOR TICKETS & REGISTRATION GO TO
WWW.ATLANTICCLASSIC.CA

MATHIEU MARTIN AUDITORIUM

511 CHAMPLAIN ST DIEPPE NB

HOST HOTEL

HILTON GARDEN INN

40 HIGHFIELD ST MONCTON NB



EPhysique



SMK Visuals

K Kickfitness

NVA

POPEYE'S

GEMFi

ELITE

GYM

DANA BAKER

HUB CITY PRODUCTIONS



24/7 FITNESS CLUB

EF

ZIO'S

THE FIGHTING FISH

LPS

GRIM FIT

ROHI

BRAD



FOR SPONSORSHIPS, REGISTRATION & TICKETS VISIT

WWW.ATLANTICCLASSIC.CA

ATLANTIC CLASSIC CHAMPIONSHIPS

Hilton Garden Inn

WELCOME FROM THE PROMOTERS

Good evening and welcome to the 2026 Atlantic Classic Championships!

Tonight marks another incredible chapter in the history of one of Canada's longest-running bodybuilding and fitness events. J&H Promotions has proudly built and continued the legacy of the Atlantic Classic alongside IFBB Pro Ti-Jean LeBlanc, who captured the very first Atlantic title back in 1978. Nearly five decades later, the passion for this sport continues to grow stronger every year.

Competitor participation continues to evolve each year, with both new and veteran athletes stepping on stage across more than 43 categories ranging from True Novice and Masters divisions to the highly competitive Open classes. Tonight, you will witness some of Atlantic Canada's finest athletes competing in Men's Bodybuilding, Classic Physique, Men's Physique, Women's Physique, Figure, Wellness, Bikini, and Fit Model. We are thrilled to showcase these incredible competitors on the prestigious Mathieu Martin Auditorium stage. In addition, tonight's Transformation Challenge will feature 12 inspiring participants sharing their remarkable physical and personal journeys – transformations built through hard work, discipline, and perseverance. And if that's not enough, the audience will also be treated to a very special guest posing appearance by one of our IFBB Pros and CPA Judges, Mr. Keiva Bundy, bringing elite-level entertainment to tonight's event.

This evening, J&H Promotions will also proudly present the prestigious Ken Black Award, continuing the legacy of a man who was deeply passionate and dedicated to the sport of bodybuilding. We are honored to recognize our 2026 recipient tonight and celebrate the impact they have made within our fitness community. In addition, we will proudly present our Coaches Excellence Award to the coaching team that demonstrated exceptional athlete participation, outstanding results, and overall excellence throughout the 2025 competition season.

We extend our sincere thanks to the Canadian Physique Alliance and the IFBB Pro League for continuing to provide athletes with the opportunity to qualify for National Pro Qualifiers for up to one year following this event. For many competitors, earning IFBB Pro status is the ultimate dream, and the CPA remains the pathway toward achieving that goal and one day stepping onto the Olympia stage.

A very special thank you goes out to our Main Sponsor, Danny Bevans and Supplement King, for their incredible support, including sponsoring our athlete grab bags. We would also like to recognize our Official Sponsors and Service Providers: Marlo's Spray Tanning, Vivid Beauty Team, NL Division X, and SMK Visuals. Your support plays a huge role in the success of this event.

To all of our Diamond, Gold, and Booth Sponsors – thank you for your continued loyalty and support year after year. We also want to thank our CPA judges, volunteers, backstage crew, and J&H Promotions staff who have worked tirelessly behind the scenes to make this event possible.

Finally, thank you to all the fans for your incredible support and for joining us tonight. And to our athletes – thank you for supporting the CPA and for bringing your passion, dedication, and hard work to the stage. You are the reason we continue to do what we do.

Now get ready for an unforgettable night of energy, excitement, and elite competition. Sit back, cheer loud, and enjoy the show!

Heather & Jean LeBlanc
Promoters, J&H Promotions



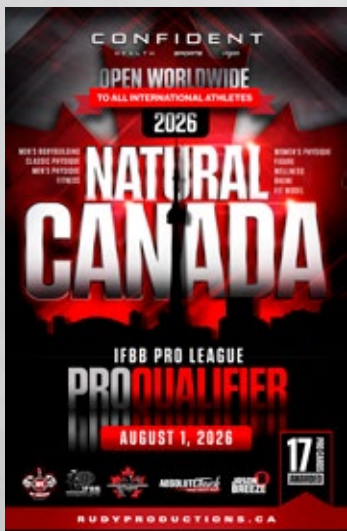


WELCOME TO THE CANADIAN PHYSIQUE ALLIANCE



THE ONLY PATH TO THE REAL AND AUTHENTIC IFBB PRO CARD

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Behind the Scenes

PROMOTERS JEAN & HEATHER LEBLANC

THANKS TO OUR JUDGES DUNCAN LOMBARD, HEAD JUDGE
JACLYN WILSON, CPA JUDGE
KEIVA BUNDY, CPA JUDGE
BRANDY FOLEY, CPA JUDGE
JENNIFER ROSE, CPA JUDGE

EMCEE HEATHER LEBLANC

STATS SHANEL COMEAU

THANKS TO OUR STAFF & VOLUNTEERS

Tara Daye, Stage Entry Coordinator
Alyssa Costain, J&H Staff
Jason Hetherington, Security
Serge Bernard, Security
Don Bishop, Backstage Coordinator
Steph Korotkov, Official Photographer
Ashlee Vail, Assistant /Graphic Designer
Jamie Comeau, Production Manager
Todd Hansen, Stage Production/Marshall

Ben Vokey, Security
Colin Drysdale, Social Media Rep
Geoff Hynes, Official Stage Photographer
Brad MacDonald, Website Creator
Annie Arseneault, Front Door
Dave Cawley, Video Editing
Marlo Pierce, Official Spray Tanner
Kirsten Thomas, Official Makeup & Hair Stylist
Corey Saulnier, Official Hair Stylist

Taryn Lee, Official Makeup Artist
Jeaunelle Rose, Official Hair Stylist
David Branch, Official Makeup Artist
Shanel Comeau, Stats
Stephanie Arseneault, J&H Staff
Darren McKeigan, J&H Staff
Vanessa Hickey, J&H Staff
Susan Conway, J&H Staff

THANKS TO ALL OUR LOYAL SPONSORS!

SPONSORED BY



16 Week TOTAL BODY TRANSFORMATION CHALLENGE

IN CONJUNCTION WITH THE ATLANTIC CLASSIC CHAMPIONSHIPS

**\$750
PRIZE**

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TRANSFORMATION CHALLENGE
BEGINS JANUARY 31ST, 2026**

THE MOST DRAMATIC TRANSFORMATION WILL WIN THE
TOTAL BODY TRANSFORMATION TITLE TROPHIES • PRIZES • AND MORE!

THANK YOU TO OUR JUDGES

GREG DOUCETTE
ADAM HAMBROOK
ANDREW ARSENEAU
COREY ARSENAULT
ALLISON HILL
ASHLEE VAIL
GRACE MCCLUSKEY



**GOOD LUCK TO OUR 12
TRANSFORMATION
CONTESTANTS!**



FOLLOW US ON FACEBOOK
TOTAL BODY TRANSFORMATION CHALLENGE

ALL TRANSFORMATION CONTESTANTS ARE NOT REQUIRED TO BECOME
A MEMBER OF THE CPA, UNLESS YOU ARE COMPETING IN THE ACTUAL SHOW





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SUPPLEMENT
WORLD



TOP 3
QUALIFY
TO ALL 2024
NATIONAL
PRO-QUALIFIERS

DRUG
TESTED
EVENT

2026 NEW BRUNSWICK NATURALS CPA CHAMPIONSHIPS

JULY 11TH, 2026

PRE-JUDGING 9:00 AM | FINALS 4:00 PM

BODYBUILDING • CLASSIC • PHYSIQUE • FIGURE • WELLNESS • BIKINI • FITMODEL

CENTRE DES ARTS ET DE LA CULTURE DE DIEPPE
(Dieppe Arts and Culture Center)
331 Acadie Ave, Dieppe, NB

HOST HOTEL

HILTON GARDEN INN
40 HIGHFIELD ST, MONCTON



OFFICIAL
PROMOTER



OFFICIAL
SPRAY TANNING



OFFICIAL HAIR
& MAKEUP



REGISTER & EVENT INFO
NEWBRUNSWICKCPA.COM

PREJUDGING PROGRAM

PREJUDGING PROGRAM @ 9:00 am

Men's Bodybuilding – True Novice

Men's Bodybuilding – Masters 60+

Men's Bodybuilding – Masters 40+

Men's Bodybuilding – Lightweight

Men's Bodybuilding – Middleweight

Men's Bodybuilding – Heavyweight

Men's Classic Physique – True Novice

Men's Classic Physique - Novice

Men's Classic Physique – Masters 40+

Men's Classic Physique – “A”

Men's Classic Physique – “B”

Men's Classic Physique – “C”

Men's Physique – True Novice

Men's Physique - Novice

Men's Physique – Masters 40+

Men's Physique – Masters 35+

Men's Physique – “A”

Men's Physique – “B”

Men's Physique – “C”

Women's Figure – True Novice

Women's Figure - Novice

Women's Figure – Masters 50+

Women's Figure – Masters 40+

Women's Figure – “A”

Women's Figure – “B”

Women's Wellness – True Novice

Women's Wellness - Novice

Women's Wellness – Masters 40+

Women's Wellness – “A”

Women's Wellness – “B”

Women's Bikini – True Novice

Women's Bikini – Novice

Women's Bikini – Masters 60+

Women's Bikini – Masters 50+

Women's Bikini – Masters 40+

Women's Bikini – Masters 35+

Women's Bikini – “A”

Women's Bikini – “B”

Women's Bikini – “C”

Women's Bikini – “D”

Women's Bikini – “E”

Women's Bikini – “F”

Women's Fit Model – True Novice

Women's Fit Model – Masters 40+

Women's Fit Model – Masters 35+

Women's Fit Model – “A”

Women's Fit Model – “B”

EVENING SHOW PROGRAM

EVENING PROGRAM @ 4:00 pm

Women's Figure – True Novice

Women's Figure – Masters 50+

Women's Figure – Masters 40+

Women's Figure – “A”

Women's Figure – “B”

Overall Women's Figure

Women's Wellness – True Novice

Women's Wellness - Novice

Women's Wellness – Masters 40+

Women's Wellness – “A”

Women's Wellness – “B”

Overall Women's Wellness

Women's Bikini – True Novice

Women's Bikini – Novice

Women's Bikini – Masters 60+

Women's Bikini – Masters 50+

Women's Bikini – Masters 40+

Women's Bikini – Masters 35+

Women's Bikini – “A”

Women's Bikini – “B”

Women's Bikini – “C”

Women's Bikini – “D”

Women's Bikini – “E”

Women's Bikini – “F”

Overall Women's Bikini

Women's Fit Model – True Novice

Women's Fit Model – Masters 40+

Women's Fit Model – “A”

Women's Fit Model – “B”

Overall Women's Fit Model

Ken Black Award

Coaches Excellence Award

**** 15 MIN INTERMISSION ****

Total Body Transformation Challenge

Guest Poser – Keiva Bundy

Men's Bodybuilding – True Novice

Men's Bodybuilding – Masters 60+

Men's Bodybuilding – Masters 40+

Men's Bodybuilding – Lightweight

Men's Bodybuilding – Middleweight

Men's Bodybuilding – Heavyweight

Overall Men's Bodybuilding

Men's Classic Physique – True Novice

Men's Classic Physique - Novice

Men's Classic Physique – Masters 40+

Men's Classic Physique – “A”

Men's Classic Physique – “B”

Men's Classic Physique – “C”

Best Poser Award

Overall Men's Classic Physique

Men's Physique – True Novice

Men's Physique - Novice

Men's Physique – Masters 40+

Men's Physique – Masters 35+

Men's Physique – “A”

Men's Physique – “B”

Men's Physique – “C”

Overall Men's Physique

MAIN SPONSOR

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ELITE PROGRAM

**ATTN: PERSONAL TRAINERS, COMPETITIVE FITNESS ATHLETES,
FIRST RESPONDERS & GYM EMPLOYEES**

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IN CANADA!

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FOR ENTIRE SHOW INCLUDING PRE-JUDGING AND EVENING FINALS!

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SPONSORS

MAIN SPONSOR



Supplement King – Danny Bevans another main sponsor who offers huge support to J&H Promotions throughout the years at every single event. They are located at 40 Wyse Street in Moncton and 30 Champlain St #10 in Dieppe. For the best prices & amazing customer service, visit them in person or follow them on IG: [@supplementkingdieppe](#) & [@supplementkinggreatermoncton](#).

OFFICIAL SPONSOR



Marlo's Spray Tanning – Marlo Pierce is our Official Tanner who resides in Fredericton & has tanned Atlantic wide for various competitions since 2009. Her spray tanning services provide the athletes with an amazing show tan and the best stage look, always putting the athlete first with her extraordinary customer service. Contact: marlo_pierce@hotmail.com for the best spray tanner in the business! Go to www.marlosspraytanning.com.

OFFICIAL SPONSOR



NL Division X – Geoffrey Hynes is our Official Photographer who has been devoted to the sport for many years. Geoffrey Hynes, Stage Photographer has proven himself worthy as one of Atlantic Canada's top fitness photographers. From stage, backstage portraits to private studio/location shoots he has the ability to capture the athletes in a way that they are always at their best! For more information on their services email him at: nldivisionx@gmail.com

OFFICIAL SPONSOR



SMK Visuals – Stephanie Korotkov is our Official Backstage Photographer who is the photographer and videographer behind the camera for SMK Visuals. She started in the bodybuilding industry as a competitor but found a love for photography amidst her competitive season in 2022. Since then, she's photographed various competitors all over the region and continues to grow her business working with various bodybuilders at East Coast Iron in Moncton. Inquiries can be made for sessions by following her instagram and reaching out directly [@smk_visuals](#)!

OFFICIAL SPONSOR



Vivid Beauty is the official makeup and hair team for the show. This team hails from NB. With 3 Makeup Artists and 2 Hair Stylists, J&H Promotions has formed the perfect team to make the athletes hot, beautiful & shine on stage. Book with the best at our upcoming shows and contact figure@heatherleblanc.ca for more details.

DIAMOND SPONSOR



EPhysique Wellness Coaching – Eva Robertson is dedicated to empowering women of all ages to become the strongest, healthiest, and most confident version of themselves. Through expert guidance in strength training, nutrition, and holistic wellness, Eva Robertson helps women build lasting health physically, mentally, and emotionally. EPhysique is built on the belief that true wellness comes through balance, sustainability, and self-respect. Eva's passion for helping women thrive shines through in every aspect of her coaching, inspiring clients to move through life with greater strength, confidence, grace, and vitality. Her commitment to empowering women and promoting lifelong wellness has made EPhysique a respected and growing presence within the fitness community. Thank you to Eva Robertson and EPhysique Wellness Coaching for your generous support of the Total Body Transformation Challenge at the Atlantic Classic.

SPONSORS

DIAMOND SPONSOR



SUPPLEMENT
WORLD

Supplement World - Chelsea Baranowski & Paul Shirriff have brought Halifax the next generation of supplement stores. At Supplement World, they promise to do things differently. They commit to take the time to learn about each and every person who comes in to their stores so customers leave with the right products for THEM, and not just the industry trend of the month. Their stores will always operate with honesty, transparency, and care. They offer the best prices on top quality pre workouts, protein, greens, aminos, and all supplements in Canada. Drop in and try Canadas Best Shakes and say hi to their fantastic staff who are waiting to give you the BEST customer service!

DIAMOND SPONSOR



Luv Paws Grooming – Vicky Desrosiers is the owner of a grooming salon/dog bakery/pet supply store in Riverview NB, where both dogs and cats can go to get pampered. Since 2016 Vicky and her staff have provided top-quality service to her clients. She treats every furry client like her own, and she always goes above and beyond for them. Along with her grooming expertise and skills, she also has a wide variety of high-quality and natural treats and foods that are loved by many of her clients. Outside of LuvPaws, Vicky is hard at work baking a wide variety of home-made dog biscuits (and even customized dog and cat birthday cakes). Her cheddar bones and peanut butter bones are a top favourite and are frequently purchased for furry clients after they've been to the salon. Vicky's passion shines through in every aspect of her business, making LuvPaws a beloved spot for pets and their owners. To find out more about their company drop by 121 Pine Glen Rd or go to their website at <https://www.luvpawsgbs.com/> , call 506-388-9274 or email them at luvpawsgbs@hotmail.com

DIAMOND SPONSOR



Elite Contest Prep – Adam Hambrook is one of the most successful competition prep teams in the Maritimes. Elite has the most Bikini Overall Titles, Goddess Invites and over 200 top 3 placings (an Atlantic Canadian record), since 2018. Elite Athletes are always defined by being poised with flawless presentation and top notch conditioning and have over 11 years experience in coaching. Contact them at elitecontestprep@gmail.com

GOLD SPONSOR



Wayne Doucette – From the age of 16, Wayne Doucette of Saint John has loved the sport of bodybuilding. He competed for over five decades and also enjoyed judging many competitions over the years. Wayne continues to inspire athletes by sponsoring shows and encouraging those who share his passion for the sport.

GOLD SPONSOR

DANA BAKER

Dana Baker Coaching – Dana Baker operates a contest prep team of elite athletes with their mission to bring athletes to a higher level where conditioning becomes key! If you need help reaching your goals with Lifestyle changes or Contest Prep, contact Dana today for a consultation on how to get started. Follow him on IG @thebakerboy Email: baker.training365@gmail.com

GOLD SPONSOR



EXCLUSIVE FITNESS

Exclusive Fitness – Antoine Arsenault & Sarah Riche focus on managing health as top priority for all lifestyle and contest prep clients. Specializing in hormone recovery and digestive support, they have invested in education and mentorship with top Olympian Coaches to provide quality care and year-round services to every client's needs in regard to their health and fitness goals, on season and off! Follow them on Instagram @exclusive.fitness.coaching today!

SPONSORS

GOLD SPONSOR



Buchanan's Coaching and Training – Austin Buchanan Unleash Your Potential, Austin doesn't believe in half-efforts. This is where hard work meets obsession, where limits are shattered & where warriors are forged both in body and mind. His mission is simple: to push you beyond what you thought possible. Whether you're a beginner struggling to break out of your shell or an elite athlete chasing greatness, his hardcore, no-excuses approach will transform you into the strongest, most disciplined version of yourself. This Isn't Just Training. It's a Lifestyle. It's about Relentless mindset building mental toughness. You'll learn to embrace the grind, conquer self-doubt, and thrive under pressure. All Levels welcome, from first-timers to pro athletes. Programs are tailored to crush weaknesses & amplify strengths. Online Coaching & 1-on-1 Training available. Expect brutal workouts, unwavering accountability, and results that speak for themselves. It's Passion Over Everything: live for the moment when a client breaks through barriers—whether it's their first pull-up or a new personal record. No Fluff, Just Results, his methods are raw, tested, and designed for real-world strength and resilience. Your Goals Become His Obsession and won't let you settle. You'll leave every session stronger physically and mentally. Ready to Evolve? Let's get to work. "Train Hard. Dominate Life."

GOLD SPONSOR



24/7 Fitness Club – Jason Gallant has a fitness club located in Riverview on 121 Pine Glen Road. They have 24-hour access card entry into the gym and is consistently growing more members to help them achieve their goals. The gym has top notch equipment and a spacious facility, with a friendly, encouraging atmosphere. Memberships are available, so contact Jason today to set up our membership by calling 389-1166. You can also go to their website at www.riverviewfitnessclub.com

GOLD SPONSOR



Falls Gym & Training & Facility – Mike & Caroline Rossignol run a 24hr Training Facility with a Nutrition & Supplements store, located in Grand Falls, NB. It houses more than 40 diff types of machines, has a big free weight area and cardio section in a very spacious setting. Mike is a certified personal trainer who has over 18 years experience in the industry. Whether you're looking to lose weight, build muscle or transform your body, his team is always there to help you reach your goals! Contact them at fallsgym22@gmail.com or via <https://www.facebook.com/fallsgym>

GOLD SPONSOR



Cloverz Training & Nutrition – Tara Daye-Blackmore is a boutique fitness studio in Rothesay NB fostering a culture that promotes individual growth, through regular interaction with their fully certified professional staff. Their focus is health, wellness, injury prevention and supporting all members to attain their personal goals. For more information contact Tara Daye-Blackmore <https://www.rothesayathleticsandtraining.com/>

GOLD SPONSOR



Poised by Tiffany – Tiffany Laing Based out of Halifax, Nova Scotia, Poised by Tiffany is owned and operated by Tiffany Laing. With over 11 years of experience in the industry, Poised by Tiffany offers one on one posing sessions for both bikini, fit model and wellness divisions, virtual and in person. Whether you are a beginner, intermediate or advanced, Poised by Tiffany aims to elevate your posing routine to the next level, helping you feel confident when you step on stage. Please visit [@poised.by.tiffany](https://www.instagram.com/poised.by.tiffany) on instagram today to get started!

SPONSORS

GOLD SPONSOR



Gem Fit Coaching – Grace McCluskey is an online fitness coach dedicated to helping women transform their lives through health and fitness. She focuses on sustainable lifestyle changes that empower women to look and feel their best while building confidence and strength in every aspect of their lives. By offering personalized coaching and support, Grace emphasizes the importance of creating habits and achieving results that can be maintained over the long term. If you're ready to start your transformation or have any questions, feel free to reach out to Grace via email at Gracemcoaching@gmail.com

GOLD SPONSOR



K Jack Fitness – Kelly Jackson offers lifestyle fitness, contest prep coaching and she's a fitness instructor, specializing in nutrition and teaching clients how to properly fuel the body for strength goals and weight loss transformations. Kelly works outside of Locker Room health and fitness club in Windsor Nova Scotia. Contact her today for more information.

GOLD SPONSOR



Zio's Pizzeria – Guiliano Speranza located at 1125 Mountain Rd in Moncton, NB, is a popular local spot known for its delicious garlic pizza, parmo, garlic parmesan, and mouthwatering cannoli. Whether you're dining in, taking out, or ordering delivery, Zio's offers something for every pizza lover. With a menu full of signature creations, customizable pizzas, and tasty sides like garlic knots and cheesy breadsticks, it's a great place to satisfy your cravings. Enjoy the cozy atmosphere or take advantage of daily specials and enjoy Zio's from the comfort of home. @guilianosperanza

GOLD SPONSOR



Humblefit – IFBB Pro Rowan Humble specializes in online coaching including nutrition, contest prep and dieting, as well as, one on one personal training and helping athletes reach and surpass their goals while maintaining a healthy lifestyle. Contact him today at rowan.humble@gmail.com

GOLD SPONSOR



Nova Posing – Bethany Rideout & Jordan Bronson have a strong community of IFBB Pro's & Amateur athletes supporting numerous athletes in all disciplines of the Fitness Industry teaching them how to stand, pose and walk on a competitive stage. Utilizing Fitness FX's Posing & Studio Room, group classes are held weekly and one on one private sessions are also available. Nova Posing focuses on achieving that winning look. Contact them IG @nova_posing

GOLD SPONSOR



Muscleup – Dale Blois is a Canadian-based gym clothing brand founded in 2024 in Halifax, Nova Scotia. Their mission is simple: to provide dedicated gym lovers with affordable, high-quality activewear that stands up to the toughest workouts. Whether you're hitting the weights, pushing your limits in cardio, or just enjoying your fitness journey, Muscleup is here to support you every step of the way. Crafted with durability, comfort, and style in mind, our collection is designed for those who don't just work out—they live and breathe fitness. Proudly Canadian, Muscleup aims to make premium gym wear accessible to everyone who's passionate about their fitness goals.

GOLD SPONSOR



GrimFit – Andrew & Megan Arseneau founded by them, it was forged through hard work, consistency, and leading by example. Through personalized online coaching, GrimFit helps their clients build stronger physiques, healthier mindsets, and lasting confidence. With a limited client roster and a quality-over-quantity approach, every individual gets the accountability, support, and attention needed to become their best self.

SPONSORS

GOLD SPONSOR



Longevity Physique Group (LPG) – Brent Chabassol is a high-performance Coaching and Mentorship company built around one core belief: sustainable transformation changes lives far beyond the physique. At LPG, we help ambitious men and women develop stronger bodies, greater confidence, higher standards, and a more disciplined lifestyle through evidence-based training, nutrition, recovery, and long-term habit development. Our coaching is centered around sustainability, performance, and longevity. Beyond physique transformation, LPG is also committed to developing the next generation of high-level fitness coaches through mentorship, leadership, and business education. We help online coaches build structured, sustainable coaching businesses through improved systems, positioning, professionalism, client experience, and long-term growth strategies. Our mission is to create lasting impact by helping people operate at a higher level physically, mentally, and professionally — while building a community rooted in discipline, integrity, leadership, and sustainable high performance

GOLD BOOTH SPONSOR



MacBeth's Kennels - Harry & Synthia Wilson Macbeth's Boarding, Grooming and Daycare is a large facility for dogs and cats to board, be groomed or have fun daily at the daycare we provide for our furry friends. All of this is provided in Meadowvale Nova Scotia.

GOLD BOOTH SPONSOR



ROHI – Rohi Sadat was built from resilience and new beginnings, Rohi was created after rebuilding life from zero in Canada after leaving Afghanistan due to war. The brand carries my own name, and Rohi means 'soul' — representing self-love, strength, and confidence for every person. Our mission is to create high-quality activewear for both men and women that is comfortable, lightweight, stretchy, sweat-proof, and affordable, proving that premium quality doesn't have to come at a crazy price. Come visit our booth to see everything we have to offer.

GOLD BOOTH SPONSOR



Popeye's Supplements – Kriss Themens is Canada's largest sports nutrition retailer with over 140 locations coast to coast. They provide exceptional customer service, competitive in pricing to local suppliers and help you achieve goals by helping you find the right products, the best products, all at the lowest prices GUARANTEED. Go to www.popeyescanada.com for great deals and find them on IG @popeyesmaritimes - Stop by their store locally located on 451 Paul St Unit 103 in Dieppe.

GOLD BOOTH SPONSOR



Seriously Dough Girls – Tanya Lynch & Samantha Clark is a home-based cookie business located in Halifax, Nova Scotia, run by two passionate women who have always shared a love for baking. We specialize in creating elevated, handcrafted cookies that make every occasion extra special. From custom flavors for baby showers, birthdays, and anniversaries, to gourmet treats that add a personal touch to any event, we pour our hearts into every batch. You can find us setting up booths at the J&H Promotions shows in Halifax and New Brunswick, where we share our delicious, hand-decorated cookies with the bodybuilding community. We also take special orders for events, ensuring that each cookie is a sweet, memorable treat that's tailored just for you. At Seriously Dough Girls, we believe in baking with love, creativity, and the finest ingredients to bring you cookies that are as beautiful as they are delicious. Whether you're celebrating a milestone or just indulging in a treat, we're here to make your moments even sweeter!

THANKS TO ALL OUR SPONSORS

CLASSES/AWARDS/OVERALLS

Women's Figure – True Novice
Women's Figure – Masters 50+
Women's Figure – Masters 40+
 Women's Figure – "A"
 Women's Figure – "B"
 Women's Figure Overall
Women's Wellness - True Novice
 Women's Wellness - Novice
Women's Wellness – Masters 40+
 Women's Wellness - "A"
 Women's Wellness - "B"
 Women's Wellness Overall
Women's Bikini - True Novice
 Women's Bikini – Novice
Women's Bikini – Masters 60+
Women's Bikini - Masters 50+
Women's Bikini – Masters 40+
Women's Bikini - Masters 35+
 Women's Bikini "A"
 Women's Bikini "B"
 Women's Bikini "C"
 Women's Bikini "D"
 Women's Bikini "E"
 Women's Bikini "F"
 Bikini Overall
Women's Fit Model – True Novice
Women's Fit Model – Masters 40+
Women's Fit Model – Masters 35+
 Women's Fit Model – "A"
 Women's Fit Model – "B"
 Women's Fit Model Overall
Coaches Excellence Award
Ken Black Award
Total Body Transformation Challenge
Men's Bodybuilding – True Novice
Men's Bodybuilding – Masters 60+
Men's Bodybuilding - Masters 40+
Men's Bodybuilding - Lightweight
Men's Bodybuilding – Middleweight
Men's Bodybuilding – Heavyweight
 Men's Bodybuilding Overall
Men's Classic Physique - True Novice
Men's Classic Physique - Novice
Men's Classic Physique – Masters 40+
 Men's Classic Physique "A"
 Men's Classic Physique "B"
 Men's Classic Physique "C"
 Best Poser Award
Men's Classic Physique Overall
Men's Physique - True Novice
 Men's Physique - Novice
MMen's Physique – Masters 40+
Men's Physique - Masters 35+
 Men's Physique "A"
 Men's Physique "B"
 Men's Physique "C"
 Men's Physique Overall

TROPHY & MEDAL SPONSORS

NL Division X, Geoff Hynes (Brandy Foley)
EPhysique Wellness Coaching, Eva Robertson
MacBeaths Boarding & Daycare Kennels, Harry Wilson (Tyler Wilson)
J&H Promotions Inc. (Trophy Girl)
K Jack Fitness, Kelly Jackson
J&H Promotions Inc., IFBB Pro Dana Baker
Vivid Beauty, Corey Saulnier
J&H Promotions Inc. (Trophy Girl)
Seriously Dough Girls, Tanya Lynch
Nova Posing, Bethany Rideout
Exclusive Fitness, (IFBB Pro Sarah Riche & Antoine Arsenault)
Supplement World, Chelsey Baranowski & Paul Shirriff
Wayne Doucette
Zios, Guiliano Speranza
Nova Posing, Bethany Rideout
Cloverz Training & Nutrition, Tara Daye Blackmore
Falls Gym, Mike & Caroline Rossignol
24/7 Fitness, (Jason Gallant)
J&H Promotions Inc. (Trophy Girl)
ROHI, Rohi Sadat
J&H Promotions Inc. (Trophy Girl)
Longevity Physique Group (LPG), Brent Chabassol
GrimFit, Andrew Arseneau
Supplement King, Danny Bevans (Mike Duplissis)
Elite Legacy, Adam Hambrook
MacBeaths Boarding & Daycare Kennels, Harry Wilson (Tyler Wilson)
Supplement King, Danny Bevans (Mike Duplissis)
Elite Legacy, Adam Hambrook
Gem Fit Coaching, Grace McCluskey
Poised by Tiffany, Tiffany Laing
Supplement King, Danny Bevans (Mike Duplissis)
J&H Promotions Inc (Promoters)
J&H Promotions Inc (Promoters)
EPhysique Wellness Coaching, Eva Robertson
Longevity Physique Group (LPG), Brent Chabassol
Wayne Doucette
Popeye's Supplements, (Representative from Popeyes)
J&H Promotions, (Trophy Girl)
Dana Baker Coaching, Dana Baker
Buchanan's Coaching, Austin Buchanan
Supplement King, Danny Bevans (Mike Duplissis)
Marlo's Spray Tanning, Marlo Pierce
SMK Visuals, Steph Korotkov
Supplement King, Danny Bevans (Mike Duplissis)
Muscleup, Dale Blois
Luv Paws Grooming & Bakery & Supplies, Vicky Desrosiers
Humblefit, IFBB Pro Rowan Humble
J&H Promotions, Head Judge Duncan Lombard
Exclusive Fitness, IFBB Pro Sarah Riche & Antoine Arsenault
Supplement World, Chelsey Baranowski & Paul Shirriff
Zios, Guiliano Speranza
J&H Promotions Inc., Ashlee Vail
Luv Paws Grooming & Bakery & Supplies, Vicky Desrosiers
J&H Promotions Inc (Trophy Girl)
Supplement King, Danny Bevans (Mike Duplissis)
J&H Promotions Inc., Ashlee Vail
J&H Promotions Inc., IFBB Pro Ahmed Khidr



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SATURDAY,
26
SEPTEMBER

SPATZ THEATRE
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